

Health Group 13th July 2018

EDG; Met with Linda Keys the lead for EDG and tried to provide contacts for her to approach families who may benefit from this initiative. There are several types of cooperative depending on needs. While the target group is adults needing support they are happy to look at the needs of teens leaving home or anyone else who is eligible for self-directed support.

Our Future in Our Hands – Big Lottery funded project to create 5 Care Cooperatives

Edinburgh Development Group (EDG) has been given funding to set up 5 care cooperatives. One of these is planned to be in South Queensferry where there is a history of working with families; having heard how frustrating it is that services rarely make it out as far as Queensferry there is hope that this project will do something to tackle that.

The difficulty of this project is describing exactly what the end product will look like! This is not because of vagueness, but because they want to work with people in a way that truly responds to what works for them, rather than 'one size fits all'. The key idea of a care cooperative is that a group of individuals (with their families, or not) will come together to bring mutual support and learning to one another, whilst pooling some resources to get the maximum out of their support services.

Members of the co-op will need to be an adult and eligible for Self-Directed Support. (If someone is eligible but does not yet have this in place, they can provide support to do this). Once they have given information to any interested people (through a combination of 1:1 meetings and open information sessions), they will invite participants to commit to a 10-session programme (spread over several weeks) during which they will share information about the technicalities of setting up a co-op. They will ensure there is space to get to know one another and to bond as a group and will always share some food together. At the end of this process they will together with clients draw up a charter for the co-op and ask who wants to go ahead to sign up to be a member. Further input to support the group to set this up will be available. They will be available for some ongoing support as the co-op becomes established.

People are most likely to use the co-op as the basis for employing some support staff. Whilst they will directly employ their own staff (using their Direct Payment), they can pool some hours with others in the coop so that their budget goes a bit further. Those extra available hours could be used to collectively employ someone to assist with the admin/ accounting etc for co-op members.

Some of the benefits of a care co-op are:

- the reassurance of sharing knowledge and advice with others in a similar position
- strength in numbers
- reduced isolation and a sense of connection with others
- greater choice and control without having to 'go it alone'
- being part of the cooperative movement and being at the forefront of changing the support landscape!

website is www.edgcarecooperatives.org

QCCC; raised approximately £8000 through the abseil organized by the rotary a massive thanks to all who participated and who sponsored. The AGM is to be held on 29th August 2018. Discussions around financial contribution to resurfacing the car park continue.

Family and Household support; This team continues to work towards the goal of having a 1 stop community drop in service provided for the area but have a long way to go until this is formalised. They are developing a strong cohort with the help of the Priory church, combining advice services for housing and benefit issues with the embryonic mental health support and the established food bank. They are making links with Parent /Care support, Team Around the Cluster, which has a focus on helping families through schools, and the new Community Mental Health nurse. Based in the same office is the Parent and Carer Support Development officer. Her main responsibility is for the coordination and development of parent and carer support across the NW. This involves linking in with schools and other services to improve parenting support and outcomes for families. There is one Development Officer in each of the 4 localities who work together to coordinate the evidenced based parenting programmes and deliver the programmes with colleagues from CEC, NHS and Third Sector. They have launched the [Supporting Parents and Carers in Edinburgh- Framework for Practitioners 2017-2020](#) document, which sets out 5 key aims with a shared commitment from services across Edinburgh. They create small locality booklets in January and September listing programmes, groups and activities for parents and carers. Usually these are one booklet per locality but NW is so large they have one for Forth and Inverleith and another for Almond and Western. If any services have been missed out please email us and we can forward. We have put this team in touch with a couple of working groups that are looking at similar matters.

Link housing; the poster advertising the open session has been shared with this group and the manager of the Shore road facility. Along with other members of the council we attended the open session and look forward to hearing more at a future council meeting. Of the 44 flats for the over 60,s 22 will be for rent via Ed index including 4 for disabled clients. The top 2 floor will contain 22 flats that come under the category affordable housing. Initial purchasers will contribute 60-80% of the cost with the remainder paid by the government. When the property is later sold the same percentage of the value will be returned to the government from the sale price. These properties will range in value from £130,000 to £185,000 with the max being paid being £148,000. These cannot be paid for in full and purchasers will only have limited savings.

Pharmacy; As the next meeting will involve discussion about the potential for a 3rd site in Queensferry I have summarised the group's findings. We have spoken to both existing pharmacies and the GP practice manager. There are no services being offered from a pharmaceutical point of view that are not already possible. However the extended hours and Sunday provision is really important. Having an independent pharmacy will provide an alternative supply

chain. One of the questions I will follow up with Will is the definition of proposed. The location is not ideal as it remains in line with the others but options to the west do not seem to exist. The worries about more Methadone users is pretty much unfounded as the users of this service can only sign up with 1 pharmacy and the number of users in the area will be there whether or not a 3rd pharmacy exists. Several members of the public have described occasions where the service next to the GP has suggested that they went to the other branch, as they were too busy.

GP practice;

There are 2 new members of staff an Advanced Practitioner and Practice Mental Health Nurse both of whom will have their own patient group.