

## Health Committee report March 2019

St John Scotland helped provide some of the defibrillators sited in Queensferry and have agreed that if we as a community wish to we could try to inundate the area with bystander CPR training and training as to how to use a defibrillator. As Anne is an instructor with St John Scotland it would be relatively easy to organise a CPR week for Queensferry utilizing local instructors and venues. Would QDCC be willing for this to be seen as a community initiative? As part of this Anne would revisit the AED provision in the area and consider whether fundraising for more public access AEDs would be worthwhile. On initial approaches to businesses in the area even raising awareness of where the nearest defibrillator is has proved worthwhile.

Alex Cole-Hamilton having recently had to use life saving first aid on his daughter is very motivated to provide a basic first aid course in the area and we have linked with his team to see if this can be alongside the above. His plans are to hold this in April.

At present it appears that Karina the GP link worker whose funding stopped last month may have that funding extended which will be good news for everyone involved

We have collated several mental health initiatives happening in Queensferry into a report to be published in the parish magazine to be published next month to help sign post what is available.

Work by the housing and benefits team will continue with rotating staff once Lisa leaves for a new post. Helen hopes to continue leading the work in South Queensferry, particularly associated with the Priory Community Partnership.

Health In Mind does plan to recruit to replace Lizzie who is moving to another post. Her manager has arranged a meeting to speak to Anne about initiatives that had been started but now are in limbo including the men's group, women's group, happy café and proposed peer support group. As an organisation Health in Mind does not cover younger people but have given us resources, which

we have shared with QHS around Edinburgh led initiatives for school age children.

The letter of appeal supporting the appeal for provision of a 3<sup>rd</sup> pharmacy has been submitted.

The NSPCC campaign development around childhood neglect is progressing. 1600 responses to the survey monkey with a surge the day it went on The Only Way is the Ferry! The focus groups are now complete with the last one being held in Queensferry allowing our opinions to be expressed as well as those in the city.

Seagull trust at Ratho would like to remind the community that they regularly provide barge trips on the canal for adults and children with additional support needs and their carers. The boats are all adapted for disabled access.

QCCC has launched two lunch clubs this month, one in Kirkliston and one in Ratho. They will operate monthly in the first instance, Kirkliston will be on the first Thursday of each month, and Ratho on the third Thursday, both from 12-2pm. The Lunch Clubs are for older people to come together to share a meal in company – Live, Lunch, Laugh. Funding to help run the Lunch Clubs came from Almond Neighbourhood Partnership and Tesco Bags of Help.

QCCC are able to provide 2 additional Supper Clubs per month, for people with a diagnosis of dementia and their carer. They are going from providing 2 sessions per month to 4 sessions. This means that we are able to offer another 7 couples an early evening group where people enjoy a meal together. This also means that we are able to offer some of the people on our waiting list for day care a service.

We have the following fundraising events: -

Sunday April 28<sup>th</sup> – Tango Tea, at Dalmeny Hall. Dancing demonstration by professional dancers Willie and Louise Green, Afternoon Tea is included and the chance to have a group lesson. Tickets £10.

Monday 6<sup>th</sup> May - Golf event at Dundas Park Golf Club, sponsor a hole available for £50 for corporates.

Saturday June 1<sup>st</sup> – Book sale and coffee morning at Queensferry Parish Church, refreshments, tomobola and book stall.

Saturday June 22<sup>nd</sup> – Sponsored walk across the Forth Road Bridge Walkway, stewarding by South Queensferry Army cadets and 31<sup>st</sup> BB, refreshments provided. sponsor forms available.

Sunday 7<sup>th</sup> July - <https://bit.ly/2V0jbuH> The Rotary Abseil is our annual sponsor event, registration is open at the moment less than 30 spaces left , registration is £30 and there is an obligation to raise £150.

Meetings attended

Anne and Gillian helped with interview practice at the school

Anne helped David with an information session for Sea Cadets